



MEDITERRANEAN  
**frescos**  
KITCHEN \* BAR

# ANTIPASTI

## MOZZARELLA & PARMESAN GARLIC LOAF

toasted Italian bread with house garlic butter, mozzarella, parmesan cheese 8.99

## GREEK FRIES

french fries topped with tzatziki, red onions, tomatoes, feta cheese, roasted gyro meat 13.99

## ROASTED WALNUT BRIE

brie, fig glaze, walnuts, pita 13.99

## CHICKEN SOUVLAKI STICKS

skewers of marinated chicken grilled to perfection 9.99

## KAFTA KABOBS

skewers of seasoned ground lamb & herbs grilled to perfection 9.99

## ARANCINI

risotto balls, mozzarella, caramelized onions, tomato sauce, pesto 11.99

## FALAFEL chick pea, onion, garlic & fresh herbs 9.99

## BUFFALO CAULIFLOWER

fried cauliflower tossed in hot sauce, blue cheese & garlic mayo 12.99

## CHICKEN ASIAGO QUESADILLAS

flour tortilla, grilled chicken, roasted tomatoes, asiago artichoke aioli, caramelized onions, mozzarella cheese 15.99

## COCONUT SHRIMP

shrimp covered in a coconut batter, sweet chili sauce 14.99

## CRAB DUMPLINGS

fried dumplings stuffed with crab meat, cream cheese 15.99

## CALAMARI FRITTO

lightly floured calamari, sweet peppers, red onion fried until golden 15.99

## MIXED HOT MEZE PLATTER FOR 2

coconut shrimp, crab dumplings, grilled chicken souvlaki, grilled kafta kabobs, grilled pita, tzatziki 29.99

## HAND HELDS

### FISH TACOS

breaded spicy cod, tomato, lettuce, caramelized onions, spicy mayo, flour tortillas 15.99

### STEAK TACOS

shaved steak, mushrooms, onions, asiago artichoke aioli, flour tortillas 15.99

### CHICKEN TACOS

roasted chicken, tomatoes, red onions, lettuce, garlic mayo, flour tortillas 15.99

### CAULIFLOWER TACOS

spicy buffalo cauliflower, crumbled blue cheese, lettuce, garlic mayo, flour tortillas 15.99

# SALADS

## CAESAR SALAD

romaine lettuce, croutons, bacon, romano cheese & caesar dressing 13.99

## ROASTED BEET & SPINACH

oven roasted beets on top of fresh baby spinach topped with red onions, walnuts, blue cheese, olive oil & balsamic vinegar 15.99

## FRESCO'S SIGNATURE SALAD

romaine & iceberg lettuce mixed with tomatoes, cucumber, red onions, beets, chick peas, kalamata olives, bacon, croutons, pickled peppers, feta, mozzarella & house vinaigrette 17.99

## WARM GOAT'S CHEESE SALAD

sesame crusted goat's cheese, fresh greens, red onions, olives & balsamic vinaigrette 15.99

## ROASTED CHICKEN GREEK SALAD

iceberg & romaine lettuce, tomatoes, cucumber, olives, red onions, feta, house vinaigrette & chicken 16.99

## ROASTED CHICKEN & MANGO

fresh greens topped with chicken & mango, brie cheese, red onions & sweet chili vinaigrette 17.99

Add chicken to your salad for 4.0  
or Add 6oz grilled salmon filet for 9.0

# SANDWICHES

## BACON & BRIE BURGER

100% ground chuck beef burger, bacon, brie cheese, roasted peppers, spicy mayo, lettuce, tomato 17.99

## FRESCO CLUB

grilled chicken breast, bacon, mozzarella, tomatoes, caramelized onions, lettuce & spicy sambol mayo 16.99

## STEAK & CHEESE CIABATTA

shaved sirloin steak, sauteed mushrooms, onions & peppers, mozzarella, lettuce, tomato & garlic mayo 16.99

## SPICY CHICKEN SANDWICH

breaded chicken breast, frank's hot sauce, caramelized onions, mozzarella, spicy mayo, lettuce & tomato 16.99

## CHICKEN PARMIGIANA SANDWICH

breaded chicken breast baked with tomato sauce & mozzarella cheese 15.99

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All sandwiches & burgers are served with your choice of salad or french fries



## CHICKEN SOUVLAKI PITA

grilled marinated chicken kabob, tomato, onion, tzatziki, fries, pita 15.99

## GYRO PITA

sliced gyro, tomato, onion, tzatziki, fries, pita 15.99

## CHICKEN GYRO PITA

roasted chicken gyro, tomato, onion, tzatziki, fries, pita 15.99

## KAFTA PITA

grilled lamb kabob, tomato, onion, tzatziki, fries, pita 15.99

## FALAFEL PITA

falafel, tomato, onion, tzatziki, fries, pita 15.99

All of the above are served with a Greek garnish and fries.  
Add feta cheese for 1.50

# PASTA

Served with salad. **GF** Substitute with gluten free pasta for 2.0

## PASTA di CASA

HOME-MADE TOMATO SAUCE 16.99 or GARLIC/PESTO & OLIVE OIL 16.99

your choice of spaghetti or penne (tortellini, gnocchi for an additional 2.0) ADD CHICKEN or HOME-MADE MEATBALLS FOR ONLY 4.0

## SPAGHETTI & MEATBALLS

spaghetti in our home-made tomato sauce & our home-made meatballs 19.99

## MAC N' CHEESE

macaroni baked with home-made 3 cheese sauce, caramelized onions, bread crumbs & cheddar 19.99  
ADD roasted chicken OR bacon for 4.00

## SPAGHETTI & SHRIMP a'OLIO

spaghetti tossed with shrimp, roasted red peppers, spinach, roasted garlic & olive oil, topped with goat's cheese 22.99

## TORTELLINI BELLA

cheese tortellini, mushrooms, spinach, sun-dried tomatoes tossed in a rose cream sauce 20.99

## CHICKEN & SAUSAGE PENNE

grilled chicken, sausage, penne, spinach, onions, goat's cheese tossed in a tomato pesto sauce 23.99

## SPICY CHICKEN+BACON CARBONARA

roasted chicken, bacon, tomatoes, red onions, banana peppers, garlic, egg, cream, parmesan tossed with spaghetti 22.99

## CHORIZO & GNOCCHI

gnocchi tossed with chorizo sausage, mushrooms, roasted tomatoes, cream, crumbled blue cheese 23.99

## BAKED GNOCCHI a'FORNO

gnocchi baked in the oven with meatballs, tomato sauce, mozzarella, sauteed mushrooms 23.99

# MAINS

## CHICKEN PARMESAN

breaded chicken breast baked with tomato sauce, mozzarella cheese, served with pasta 22.99

## ROASTED WALNUT CHICKEN

grilled chicken topped with mushrooms, caramelized onions, oven roasted tomatoes, roasted walnut cream, served with pasta 27.99

## CHILI GLAZED SALMON

grilled salmon glazed with a sweet chili sauce & fresh lime served on rice with tomato, onion, feta, baby spinach 27.99

## GARLIC SHRIMP FETA

sautéed shrimp, roasted garlic cloves, baby spinach, baked with crumbled feta cheese, served on top of tomato-pesto spaghetti 23.99

## GRILL PLATTERS

### CHICKEN SOUVLAKI PLATTER

skewers of marinated chicken grilled to perfection, grilled pita, tzatziki, greek garnish, fries 23.99

### KAFTA KABOB PLATTER

skewers of seasoned ground lamb & herbs grilled to perfection, grilled pita, tzatziki, greek garnish, fries 23.99

### MIXED GRILL PLATTER

skewers of marinated chicken, kafta, chorizo sausage, grilled pita, tzatziki, greek garnish, fries 24.99

# PIZZA

## PEPPERONI PIZZA

tomato sauce, mozzarella cheese & pepperoni 15.99

## CHICKEN GYRO PIZZA

garlic-olive oil base, mozzarella, feta cheese, roasted chicken, tomatoes, red onions, tzatziki 18.99

## ASIAGO CHICKEN PIZZA

asiago artichoke base, mozzarella, chicken, baby spinach & citrus zest 18.99

## CHICKEN & SAUSAGE PIZZA

tomato sauce, mozzarella cheese, roasted chicken, sausage, mushrooms & red onions 18.99

## FUNGHI PIZZA

garlic-olive oil base, mozzarella cheese, crumbled blue cheese, mushrooms & spinach 17.99

## VEGAN PIZZA

garlic-olive oil base, roasted tomatoes, artichokes, caramelized onions, spinach, balsamic fig drizzle 15.99

**GF** Substitute with gluten free pizza dough for 3.0

